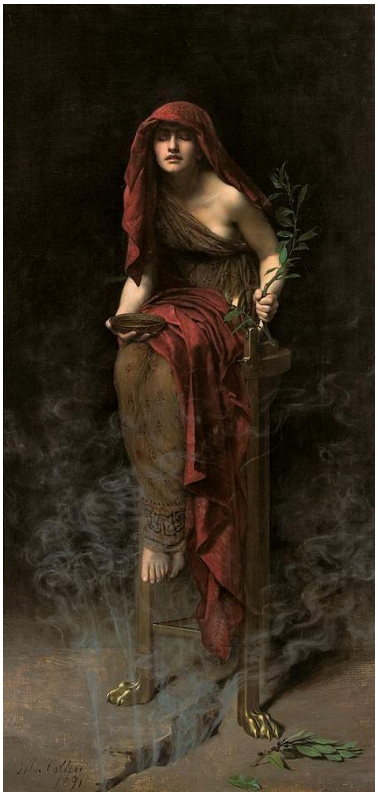
Know Yourselves (Gospel of Thomas 12, 17-13, 25)

When we heard this, we became sad. But when he saw that we were sad, he said, "I say this to you that you may know yourselves.

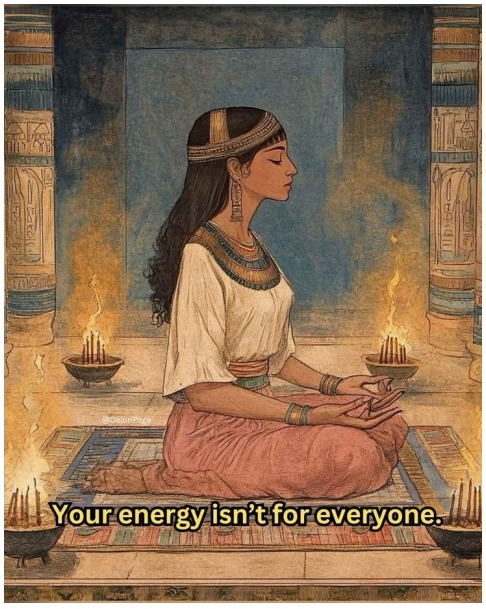


"Heaven's kingdom is like a head of grain that sprouted in a field. And when it was ripe, it scattered its seed, and again it filled the field with heads of grain for another year. So with you, be eager to harvest for yourselves a head of the grain of life that you may be filled with the kingdom.

"And as long as I am with you, pay attention to me and trust in me, but when I am far from you, remember me. And remember me because I was with you and you did not know me.

"Blessed will they be who have known me.

"Woe to those who have heard and have not believed.



"Blessed will they be who have not seen but yet have [believed].

"Once again I appeal to you. I am disclosed to you as I am building a house useful to you when you find shelter in it, and it will support your neighbors' house when theirs threatens to collapse.

"I tell you the truth, woe to those for whom I was sent down here.

"Blessed will they be who are going up to the Father.

"Again I warn you, you who exist. Be like those who do not exist that you may dwell with those who do not exist.

"Do not let heaven's kingdom become a desert within you. Do not be proud because of the light that enlightens. Rather, act toward yourselves as I myself have toward you. I have put myself under a curse for you that you might be saved."